



Amigos de Potosí

# Documentary

stichting / fundación / foundation

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WWW.AMIGOSDEPOTOSI.COM



*Centro de Madres Laja Tambo*

*Red Cross workshop how to wash hands and brush teeth*

## ‘The trickiest thing of this project: we have no phone signal in Laja Tambo!’

Yet our manager and our coordinator Enrique Paz did manage to complete the building of the Centro de Madres according to plan in only 4 months’ time! We now have a wonderful and sturdy building which was put there with the help of the local people and the local government (for transportation of building materials and supervision). Last October 13th, during our duty travel, we handed the centre over to the mothers of Laja Tambo who have been preparing free daily school meals for the children. They are very happy now: before they merely had a small adobe building without windows and floor, now they have this beautiful space of 50 m2 with a kitchen and the first sanitary facilities of the village! Next to it they added 4 bathrooms and 2 washbasins. Red Cross volunteers of the Potosí chapter taught children how to brush teeth and wash hands (photos Wim Opmeer). Today the deworming campaign is

concluded by giving out medication to the 5 infected children. We officially hand over the building to the population by putting many stamps and signatures on different documents. The people will utilise the building for meetings and the women for their workshops. After that there is time for a festive programme with many speeches, wonderful performances of pupils, music, dance, confetti and a festive lama dinner!

This project was made possible through contributions of the Innerwheel Ambt Almelo, Spark Holding, the revenues of our Benefit Gala of 2015 and Wilde Ganzen ([www.Wildeganzen.nl](http://www.Wildeganzen.nl)). Both volunteers Doyna and Ruth did their utmost best in Potosí and collected the Bolivianos needed for buying furniture and kitchen utensils for the centre. Tribute to them!

At the end, our eager school director Delfín shows us the school’s small vegetable hothouse and looks at me questioningly: could we help with a bigger hothouse so that the children can grow their own vegetables for their school meals? What a wonderful idea! We will wait for the proposal.

More photos and information on the project is to be found on our website:

<http://www.amigosdepotosi.com/Laja-Tambo/>



*free school meals*

## Intestinal parasites

Since 2016 we are collaborating with the Red Cross in Potosí in improving miners children's health by deworming campaigns in the primary schools 1 de Mayo San Ildefonso (171 pupils) en Laja Tambo (11 pupils). Intestinal infections by parasites are common in Bolivia, particularly among children and they often cause malnutrition and anaemia. A total of 152 children were checked, of which 59% and 45% respectively turned out to be infected! These children were treated, and parents and children were educated on how to prevent infection. We owe the Red Cross staff members and volunteers in Potosí many thanks for this joint effort!



*Deworming campaign primary school S. Ildefonso, November 2017*

## Music project San Ildefonso

It is always a festive event to visit primary school 1 de Mayo San Ildefonso with which we have been connected for such a long time. The pupils love to show what they have learned the past year in their music classes with teacher Luis and have dressed in their most beautiful clothes this morning. We are truly impressed. Children who had never touched an instrument a year ago, are now playing zampoña (pan flute), drums, cymbal, triangle or woodblocks. With great concentration (for most of them...) and visible pleasure they are playing an experimental piece (!), traditional folk music and a march. Luis tells us about the method he uses and how he teaches children to read musical notes. The school is so pleased with the results and effects of the music lessons on the children that the classes are now taught during school hours,

instead of after school. We attach great importance to these lessons and set it as condition for the school to cooperate in this project. Parents are enthusiastic as well and who knows: their son or daughter might even become a musician. There is certainly talent to be found! Even more impressive is what Luis tells us about some of the younger children who never dared opening their mouth in class and have opened now. At the schoolyard (now covered and showing the new construction of the school) they perform the march and toddlers and pre-schoolers are clapping their hands with zest! 70 pupils have joined the school orchestra and the school wants to expand so that everyone can join in. They need new instruments and more hours to do so.

Will you help us make this possible?





## CBF Recognition for the Foundation Amigos de Potosí!



GOED DOEL

Almost 10 years we have had the ANBI quality certificate of the tax authorities. As of December 1st, we have reached the Recognised Status by CBF and can use the CBF logo! We have met with all strict quality standards that the Central Bureau on Fundraising CBF demands of a charitable foundation in the Netherlands, concerning aspects such as: the board, policy, fundraising, communication and education, expenditure and reporting.

We used to find the CBF Recognised Status Certificate too expensive for us, more relevant for professional charities and the application procedure too time consuming. The new general procedure and regulations have now been made more accessible for small foundations such as ours.

There are about 30.000 (!) charities in the Netherlands, of which about 500 have been officially recognised by CBF and we are proud to say that we are among them. A worthy news item, which was reported in the newspaper on December 1st, 2017. We have been working hard and with passion for the past 23 years to raise funds and provide aid directly from the Netherlands/Europe to the right places in Bolivia, at the lowest possible cost and to inform everyone as well as we can. We will certainly continue doing so.

We are thankful for all our Amigos, for the trust that you have placed in us for years, since that is and will remain the most important to us!

On December 1st, 2017 this article appeared in the Daily Newspaper of the North (Dagblad van het Noorden): 'Woman from Groningen makes a stand for Bolivians'. ("Groningse op de bres voor Bolivianen".)

### INTERVIEW

## 'Zo beklemmend: steeds dat zwarte gat in'

Het zilver dat Piet Hein ooit roofde van de Spanjaarden kwam uit de mijnen van Potosí. De Groningse Marget Kamphuis bekommert zich om het lot van de mijnwerkers daar.

MAAIKE BORST

**H**et gedonder komt dichterbij. Het bonken van erts en steen tegen houten planken, het rollen van zwaar beladen metalen wielen op de rails.

„Karretje!“, roept iemand. De toeristen drukken zich in een nis van de mijn tegen de muur. De houten kar met erts dendert voorbij.



Marget Kamphuis wordt gefeerd voor haar werk in de Boliviaanse mijnwerkersstad Potosí. FOTO WIM OPIEER

### Erkend goed doel

Het Centraal Bureau Fondsenwerving (CBF) houdt toezicht op goede doelen. Voor particuliere initiatieven en kleine stichtingen was het voorheen moeilijk om een officieel keurmerk van het CBF te krijgen, omdat het veel tijd en geld kostte. Kamphuis: „Als je net begint als goeddoelenorganisatie kun je dat wel aan iets beters besteden.“ Sinds kort is het voor kleine goede doelen eenvoudiger en goedkoper gemaakt. Amigos de Potosí is sinds vandaag een 'erkend goed doel'. Erkende goede doelen voldoen aan strenge kwaliteitsnormen en worden jaarlijks gecheckt. Zie ook [www.amigosdepotosi.nl](http://www.amigosdepotosi.nl).

In 2002 richtte ze met haar man de stichting Amigos de Potosí op. Ze werkte niet meer als reisleider, maar de stad en de Cerro Rico (Rijke Berge) lieten haar niet los. Kamphuis steunde een nieuw doel: voorkomen dat kinderen in de mijnen gingen werken.

„Vaders worden na een jaar of vijftien ziek. Stoflongen. Als vader minder hard kan werken, moeten de zonen helpen om het geld te verdienen. Zo gaan ze de mijnen in.“

Amigos de Potosí helpt scholen, doet onderwijsprojecten, leert...

### Will you help realize these plans?

Make a one-time donation to BIC: RABONL2U / IBAN NL28RABO 01622.37.871  
Account Amigos de Potosí, Groningen, Netherlands.

You can use iDeal (in the Netherlands) or Pay Pal to make a gift online via our website:  
Click here: <http://www.amigosdepotosi.com/how-can-you-help/donate/>  
to donate online via PayPal.

Muchas gracias!

